

# PLY-MAR NEWS 2010

PLY-MAR SWIM AND TENNIS CLUB  
3032 BUTLER PIKE, PLYMOUTH MEETING, PA 19462  
610-828-8550  
WWW.PLYMAR.ORG \* PLYMAR@HOTMAIL.COM



## From the Board...

Welcome new and returning members to another great season at Ply-Mar Swim and Tennis Club. As we all look forward to summer, the board has been preparing for another great season.

We are delighted to have Frank Wills as our new manager. Frank, formerly our assistant manager, lifeguard and long-time member, will lead the way this summer, with Taren Igou the assistant manager. Taren will continue as the Varsity swim coach. Frank and Taren have been working together all winter to improve your Ply-Mar experience.

The Club resurfaced the medium and baby pools over the winter. Not only do they look great but we think everyone will enjoy the new smooth surface.

We welcome back Andrew and Dan of Totaro's who will once again operate the snack bar. They have been planning for this summer and promise new menu items, party catering and more. Look for more information in the office and the snack bar.

## From The Manager...

We are looking forward to another sun and fun filled summer at Ply-Mar! I am Frank Wills the new manager. I am both honored and excited and cannot wait for the season to begin. We are happy to bring on Taren Igou as the new assistant manager. Many of you know Taren as the Ply-Mar Varsity Swim Coach. He is looking forward to his new role at Ply-Mar. We have several returning lifeguards as well as some new faces this year. Check out the bulletin board with pictures and names of all of our guards. Feel free to say hello and ask any questions you may have. Our main objectives, as they have been in the past, are safety, cleanliness, and friendliness. We would like to take this opportunity to remind you of some of our rules and make you aware of a few new things.

Please review your rulebook so that you are aware of the guidelines that the Club has set to ensure safety. If you have any questions, please ask one of the managers or lifeguards (while they are not on the stand.) The rules are in place to make sure that everybody can enjoy Ply-Mar in a safe environment. If there are problems that you would like to address, please come to one of the managers directly.

Our social calendar combines old favorites with new additions. We are bringing back the popular family raft day, as well as our family picnic, junior social, first Fridays and the swim team party. New for 2010 are an adult tennis night and a wine tasting.

Taren, Katie, Reggie and Kerri return as the swim team coaches. We are pleased to have Deb Hufnagle joining Rob Cragg as dive team coaches.

As always, feel free to approach Frank, Taren or any member of the Ply-Mar board should you have any questions or concerns during or after the summer season. Should you have any questions before the Club opens for business on May 29<sup>th</sup>, please feel free to contact us at [plymar@hotmail.com](mailto:plymar@hotmail.com).

We are looking forward to another great summer at Ply-Mar and we hope you are as well.

Sue Moore  
President



Please contact us if you are going to have a party at the club. We need to know how many people you will be having so that we can plan accordingly. The check-in process will be altered slightly. A guard will always be present at the desk. We will have two separate boxes: one to store the cards and another for when you or your family are at the club. This will give us an estimate of how many people are at the club during the day as well as help us keep track of your family and guests.

Keep an eye out in the office for upcoming events and signup sheets as there are many activities planned for this year. These events include, but are not limited to, swim lessons, tennis lessons, art class and socials.

Once again we will be enforcing the rule of no baseball on the tennis courts. We have a great amount of space at Ply-Mar, some of which is great for playing baseball. Our goal is to make as many members as happy as possible. Please let us know if we can do anything (within reason) to help you enjoy your time at Ply-Mar. We look forward to seeing everyone in a few weeks.

Bring on the sun!  
Frank Wills



## The Snack Bar

Totaro's Restaurant in Conshohocken is excited to be returning to operate the snack bar this summer. The menu will include traditional summer cuisine like hamburgers, hot dogs, fries, wraps and salads. Candy, water ice and other snacks will also be available. Look for new menu items, party catering and more.

We will once again sell Ply-Mar refillable, insulated mugs to keep your drinks cold! Refills will be \$1, all season, once you have purchased the \$5 mug. We hope that you will support the Club in our effort to keep it clean by purchasing and using our refillable mugs. Look for more information when the Club opens!

## Pool Policies...

**Bands:** Club policy dictates that all children under the age of 13 must wear a colored band indicating swimming ability and swimming privileges. A **black band** allows the swimmer to use the diving boards and swim in the deep end of the main pool without parental supervision. A **red band** allows the swimmer anywhere in the intermediate pool and shallow end of the main pool without parental supervision. If a child cannot pass either band test, they are restricted to the shallow end of the intermediate pool. All children may swim with parental supervision in any area of the main or intermediate pool except the diving well. To obtain a band, the child must successfully pass a band test. It is the responsibility of the member and their child to remember to wear their bands. The office will not lend out bands. If a band is lost or forgotten, a new one may be purchased for \$1.

**Food and Drink:** There is NO glass of any kind permitted anywhere in the Club. Food and drink are not permitted on the concrete decks that surround the pools, including the entire fenced-in area of the baby pool (except bottled water). Food and drinks, other than water, can change the quality and clarity of pool water and possibly force the closing of the pool.

**Diaper Policy:** All children who are not toilet trained are restricted to the baby pool. This is for health reasons.

## Membership Cards

Cards are held at the front desk throughout the season. Pool privileges will not be extended to anyone without payment. Payments should be mailed to the Club (PO Box 182, Plymouth Meeting, PA 19462). Cards are not transferable.

## New Member Meeting

New members are invited to attend a Welcome Meeting on **Opening Day, Saturday, May 29<sup>th</sup>** at noon in the snack bar. An overview of Club rules and programs will be provided and Board Members will address any other questions. You can pick up your stock certificate at the meeting. If you are unable to attend the Welcome Meeting, please ask at the front desk for your stock certificate on your first visit.



### POTENTIAL SERIOUS HEALTH RISK AT OUR POOLS

We need to remind you of a potential health risk at our pool, and to seek the assistance of all members in preventing this problem.

DO NOT CHANGE YOUR BABY OUTSIDE NEAR THE POOLS. DO NOT LET YOUR CHILDREN THAT MIGHT URINATE OR HAVE A BOWEL MOVEMENT IN THE POOLS ANYWHERE NEAR THE BIG OR INTERMEDIATE POOLS. CHILDREN THAT HAVE ANY CHANCE OF URINATING OR HAVING A BOWEL MOVEMENT IN THE POOLS SHOULD BE LIMITED TO THE BABY POOL AND SHOULD BE PROPERLY EQUIPPED. YOU WILL BE ASKED TO LEAVE THE POOL AREA IF YOU CANNOT ABIDE BY THIS SIMPLE RULE.

Thank you for following this rule. We really don't want to get shut down by the Health Department or have to drain the pools. This would be very inconvenient, costly and upsetting to our members.

## Swim and Dive Team

Ply-Mar is happy to welcome back Taren Igou as the Varsity coach and Katie McCaslin as the Junior Varsity coach. Kerri McIlvain and Reggie Shearer are returning as assistants. We are also happy to have Rob Cragg and Deb Hufnagel as the coaches of the dive team.

The swim and dive teams at Ply-Mar are open to all swimmers who are able to successfully swim a full lap of the pool in one of the four strokes. There are three levels: Developmental, JV and Varsity. The swimmers will be evaluated and put into the appropriate group during the indoor practices.

Swim practice will be held indoors for the first two weeks at the Plymouth Whitmarsh HS pool. Practices will be held Tuesday, June 1<sup>st</sup> through Friday June 11<sup>th</sup> (except for Thursday June 10<sup>th</sup>):

4:00 – 5:00 11 years and up  
5:00 – 6:00 10 years and under  
6:00 – 7:00 Diving

Regular morning practices will begin on Monday, June 14<sup>th</sup> at Ply-Mar. Practice times are: 7-9am, 9-10:30am, 10:30-11:30am and 11:30-noon. Swimmers will be told which practice to attend after the coaches complete their evaluations.

**The team fee is \$40 per swimmer and \$100 per family.** Completed registration forms (available at <http://www.plymar.org/swimteam2.html>) can be mailed to **Ply-Mar Swim Team at PO Box 182, Plymouth Meeting, PA 19462**, or they can be turned in during swim suit try on.

**Parent Meetings** will be held at PW High School on both June 3<sup>rd</sup> and June 4<sup>th</sup> at 5:45pm along with the swim suit try on. Parents need to attend one of these meetings. **New members as well as new swimmers are encouraged to attend.** This year the team suit will be Speedo Endurance Floral Mist with matching navy jammers for the boys. (Approximate prices - girls: \$52.00 boys: \$30.00)

Try on dates are June 3<sup>rd</sup> and June 4<sup>th</sup> at the High School during practice times (**swimmers must be dry**). Other swim team gear will be on display and for sale both nights.

Parents are expected to help officiate, time and keep score for all meets - no prior experience necessary! Jill Ruggiero and Tracey Ely will contact parents about helping. Varsity meets are Wednesday evening's beginning June 23<sup>rd</sup>. JV meets are Tuesday morning's beginning June 29<sup>th</sup>. In the event of severe inclement weather, the meet will generally be rescheduled for the following day.

We are in need of Stroke and Turn judges for our home meets - no experience necessary! Suburban Swim League will be holding a workshop at Wallingford the first week of June (date TBD). If interested, please contact Jill Ruggiero: [jruggiero@colonialsd.org](mailto:jruggiero@colonialsd.org)

## SWIM TEAM SCHEDULE

**All swimmers are asked to arrive at the pool 15 minutes prior to warm-up. Thank you for being prompt!**

### Varsity Swimming

Relay Carnival (for select varsity swimmers): Saturday, June 19<sup>th</sup> (8:30am warm-up; 9:15am start) Marple Newtown

### Regular Meets (5:30pm warm-up; 6:00pm start)

Wednesday, June 23<sup>rd</sup> Home vs. Martin's Dam  
Wednesday, June 30<sup>th</sup> Away vs. Wallingford  
Wednesday, July 7<sup>th</sup> Away vs. Swarthmore  
Wednesday, July 14<sup>th</sup> Home vs. Stony Lane  
Wednesday, July 21<sup>st</sup> Home vs. Pennypacker

### Junior Varsity Swimming (9:00am warm-up; 9:30am start)

Tuesday, June 29<sup>th</sup> Away vs. Plymouth  
Tuesday, July 6<sup>th</sup> Home vs. Pennypacker  
Tuesday, July 13<sup>th</sup> Home vs. Marple Newtown  
Tuesday, July 20<sup>th</sup> Away vs. Martin's Dam (**note: 5:30pm warm-up; 6:00pm start**)

### Diving (4:00pm warm-up; 4:30pm start)

Wednesday, June 23<sup>rd</sup> Home vs. Martin's Dam  
Tuesday, June 29<sup>th</sup> Away vs. Hidden Hollow  
Wednesday, July 7<sup>th</sup> Away vs. Swarthmore  
Tuesday, July 13<sup>th</sup> Away vs. Marple Newtown  
Wednesday, July 21<sup>st</sup> Home vs. Pennypacker

### Championships

Saturday, July 24<sup>th</sup> Divisional Champs Pennypacker  
8:00am warm-up; 8:30am start

Monday, July 26<sup>th</sup> Distance Free Champs Ply-Mar  
4:00pm warm-up; 5:00pm start

Tuesday, July 27<sup>th</sup> 12&U and 15-18 Diving Martin's Dam  
3:00pm warm-up; 4:00pm start

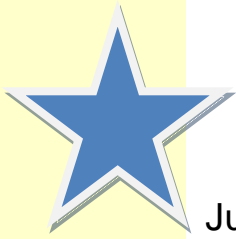
Wednesday, July 28<sup>th</sup> IM Champs Wallingford  
5:00pm warm-up; 5:30pm start

Thursday, July 29<sup>th</sup> 10&U and 14&U Diving Rose Tree  
3:00pm warm-up; 4:00pm start

Saturday, July 31<sup>st</sup> A Champs Marple Newtown  
10&U and 11-12 Boys 8:00 am warm-up; 8:45am start  
11-12 Girls and 13&U 12:00 pm warm-up; 1:00 pm start

Tuesday, August 3<sup>rd</sup> Elite Meet

**\*\*\*Dates and times are subject to change\*\*\***



# 4<sup>th</sup> Fridays



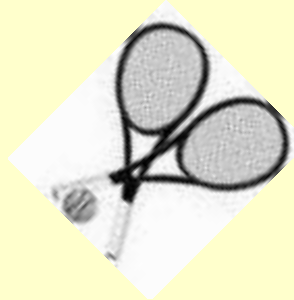
June 25<sup>th</sup>      Adult Wine Tasting  
 July 23<sup>rd</sup>      Adult Barbecue  
 August 27<sup>th</sup>    Adult Italian Night



Calling all Adults

- Come dine **without** the kids
- BYOB
- Reservations please - sign up at front desk
- Babysitting on a LIMITED basis - \$7/per child, reservations required
- Cost TBA

## Adult Tennis Night



Grab your racket for a fun evening of tennis

- Friday, June 18<sup>th</sup> 6-9pm
- Round-robin, all levels
- Hors d'oeuvre's/BYOB
- Cost TBA

## Family Fun Day

Bring the kids and join in the fun

- Sunday, July 11<sup>th</sup> 1-4pm
- Games, pretzels, watermelon & Birch Beer
- Free, weather permitting



## Junior Social

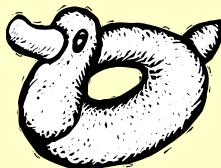
Calling all kids

- Tuesday, July 13<sup>th</sup>, 7-9:30pm
- Dancing under the stars for all the Ply-Mar youth, to the tunes of our fabulous DJ
- Pretzel and a soda \$3

## Raft Day

Back by popular demand

- Sunday, August 22<sup>nd</sup>, 1-4pm
- Bring your children and the child in you
- Free, weather permitting
- Oversize rafts and floats not permitted





### Party and Guest Fees

**Party fees:** If you would like to schedule a party, contact the pool office in advance.

Monday – Saturday (Up to 15 people)	\$100
Additional guests	\$7.00
Sunday/Holiday (per person)	\$10.00

**Guest fees:**

Weekday	\$7.00
Weekend/Holiday	\$10.00
(There is a \$1 band deposit for children under 13)	
Non-swimming guests after 6 p.m.	\$1.00
Pre-paid guest cards	\$70.00
(Guest cards are good for 10 guests. They do not expire.)	

### Swim Lessons

Group swim lessons are given in 3 two-week sessions, Monday thru Thursday. The groups are divided between non-swimmers, beginners and advanced beginners. Class times are 10:00 – 10:30 a.m., 10:35 – 11:05 a.m., and 11:15 – 11:45 a.m. respectively. Sign up will be at the front desk. Private lessons are also available upon request with individual guards or coaches.

### Pool Resurfacing Project

This year you may notice the surface of the main pool and baby pool feel different than before. We have invested in a more robust coating that will be smoother, longer-lasting and easier to maintain than the original plaster surface. We intend to paint the intermediate pool in the near future as well. Enjoy the “new” pools!

### Ply-Mar Tennis Programs

We are again offering Tennis Clinics for kids this summer. Rondy Williams, our terrific club pro, will run “Kids Clinics” most Tuesday and Thursday afternoons. Check the bulletin board in the office for exact dates. Lessons are organized by experience:

- Beginner
- Intermediate
- Intermediate/Advanced



Rondy is also available for private lessons. Call him at 215-880-8972 for more information.

All players **must wear** appropriate shoes on the courts. Please monitor your children. Reminder – the courts are for tennis only.

Ply-Mar participates in the Women's Inter-Club Tennis Associations of Philadelphia. Matches are every Monday from April 27<sup>th</sup> through June 1<sup>st</sup>. Our team consists of two singles players and five doubles teams. This year's team lineup is set, but we can always use subs. Level of play is at a 3.0-3.5. If you would like to play, contact Abbe Kligerman ([abbe@getmeahealthplan.com](mailto:abbe@getmeahealthplan.com)) or Stacey Kessleman ([teamkess@yahoo.com](mailto:teamkess@yahoo.com)).

The Ply-Mar team has total access to the courts on League days. For **schedules and directions** go to [www.interclub.homestead.com/index.html](http://www.interclub.homestead.com/index.html)

We're still trying to build a men's pick-up tennis program. Please check the bulletin board in the office for sign up dates. It's our goal for 2010 to build a network of players that can play on Saturday or Sunday mornings.

Contact Pam Shula with any questions: 610-238-0378 or [shulafamily@verizon.net](mailto:shulafamily@verizon.net)

And don't forget, members have access to the courts all year long. All you have to do is register at the front desk and get a key that unlocks the courts from the outer gates.

### Recycling

Once again you will find recycling cans throughout the club. Please use these cans for PAPER, PLASTIC BOTTLES and ALUMINAM CANS. Please do not put any food or other trash in the recycling cans. Please help us to keep Ply-Mar a clean and safe environment by picking up and disposing of trash and returning trays to the snack bar. Please remember no glass is permitted on the grounds.



## 2010 Club Hours

May 29 – 30	Opening Weekend	11am – 9pm
May 31	Memorial Day	11am – 8pm
June 1 – June 4	Tuesday – Friday	Closed
June 5	Saturday	11am – 9pm
June 6	Sunday	11am – 8pm
June 7 – June 10	Monday – Thursday	1pm – 7pm
June 11	Friday	12pm – 9pm
June 12 – August 29	Monday – Sunday	11am – 9pm
Aug 30 – Sept 2	Monday – Thursday	1pm – 8pm
September 3	Friday	12pm – 9pm
September 4 – 5	Labor Day Weekend	11am – 9pm
September 6	Labor Day	11am – 7pm

Baby Pool and Medium Pool (when not in use by swim team or group swim lessons) open at 11:00. The Big Pool opens at 12:00 unless noted.



[www.plymar.org](http://www.plymar.org)

If you haven't provided us with your email address yet, please send a note to [plymar@hotmail.com](mailto:plymar@hotmail.com) with "email address" in the subject line.